



# BRIDGING THE GAP



**VOLUME 48: ISSUE 2**

**June 2026**

## **President's Report**

Hello everyone, this financial year is ending, and I would like to remind all members that if you want a say in the forthcoming election at the Annual General Meeting, you will have to be financial members for 2026-27! Annual subscriptions are due now!

As you may have noticed by now, we have new sound proofing of the ceiling which has received a tick of approval from most members. Thanks to Bruce Cowen for being the member organizing this project.

I know we have a lot of teams playing in the T4 this year, personally I am delighted to see so many participants, most of them novices. It is a very good introduction to the bridge world, and it takes you out of your comfort zone. It also helps to appreciate how other clubs tick and maybe the opportunity for new friendships with partners and news ideas.

Great job to all.

The Youth Group sub-committee has been having regular meetings, and we hope we can bring you some good news soon on numbers wishing to attend. Peter Daniel has been working with the Gooseberry Hill Primary School to create an interest in bridge, and we also have flyers and notices with BAWA and local newspapers – The Echo and the Darlington Review. Let's see where we end up. We should know by early in July.

The Monday bridge new time slot seems to be working; we also now have a second session for under 15 MPs that will only work if we get more than two tables. We are trying to help during this transition by having a non-playing director available to play in either section. Let's see if it improves attendance on the Monday sessions. We encourage you to support this initiative, playing bridge twice a week will help your bridge, and the club.

My term as President is ending, I would like to say thanks to all the committee members for the dedication they have shown to the KDBC. Thank you all, and all the members that have supported this committee.

Your President *JP*

## **Coming Events – Additional details on [KDBC Webpage](#)**



### **Restricted Pairs Competition - <50MPs**

Thursday 16 July 2026

Seating time: 12.15pm

Start time: 12.30pm

### **XMAS in JULY**

Saturday 25 July 2026

Arrival time (Lunch -provided): 11.30am

Play starts: 12.30pm



**BTG Editor**

**Kay Hyde**

Don't hesitate to provide me with ideas or items you would like in your newsletter.

Receipt of any suitable photos, current news, articles or stories that you would like included would be welcome

**Contact details:**  
0407 993 344  
kaygraemehyde@iinet.net.au



**Wellbeing Officer and Partnership Coordinator**

**Anita Davis**

Anita is happy to assist anyone who has any difficulties in finding a partner for Bridge.

*Please feel free to contact Anita* or you can also write your name on the board on the internal door at the club rooms.

If you know of a member who is ill, hospitalised or suffering bereavement, please contact Anita and she will respond accordingly on behalf of the club.

**Contact details:**  
0448 282 164  
Anitaiona46@gmail.com

**Regular features**

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**I have written a book on how to fall down the stairs.**

**It's a step by step guide.**

**Club Website:** <https://kalamunda.bridgeaustralia.org/>

**Club Email:** [kdbclub@bigpond.com](mailto:kdbclub@bigpond.com)





**Kalamunda District Bridge Club  
ANNUAL GENERAL MEETING 2026**

The Annual General Meeting of the Kalamunda District Bridge Club will be held in the clubrooms on:

**Saturday 8 August 2026**

10.30am – Annual General Meeting

11.45 – 12.15 Lunch - provided by the club

12.30pm – Saturday Bridge Session

***It is important to note that any member/alternate member who is not financial by the 8 August, will be unable to vote at the AGM should it be required.***

Note: *Lunch will be provided to all members who attended both the AGM and stay to play in the Bridge Session in the afternoon.*

Would all other members please provide your own lunch.

**The Agenda and other detailed notifications will be provided in due course.**

# KDBC - Coming Events

July 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6 Mixed Pairs Competition (wk2) Red point event	7 KDBC Youth Program	8 KDBC Youth Program	9 KDBC Youth Program	10	11 Sausage Sizzle	12
13	14 KDBC Youth Program	15 KDBC Youth Program	16 KDBC Youth Program - Restricted Pairs Comp <50MP	17	18	19
20	21	22	23	24	25 Xmas in July Green Point	26
27	28	29	30	31		



August 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8 AGM Green point event	9
10	11	12	13	14	15	16
17	18	19	20	21 Open Teams Competition Red point event	22	23
24	25	26	27	28 Open Teams Competition Red point event	29	30
31						

## KDBC - Coming Events

September 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4 Open Teams Competition Red point event	5	6
7	8	9	10	11	12 Sausage Sizzle	13
14	15	16	17	18	19	20
21	22	23 Ladies & Mens Pairs Red Point	24	25	26	27
28	29	30 Ladies & Mens Pairs Red Point	31			

**A recent study found that women with a little extra weight live longer than the men who point it out.**




**I put my bathroom scales in the corner and that's where the little liar will stay until it apologises!**

October 2026						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10 Mix & Match Sausage sizzle	11
12	13	14	15 Novice Plate Competition <15MPs	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

There were ten pairs who played in this event over two weeks in March-April.

To qualify for the event both members of the partnership must be KDBC members and must have accrued fewer than 300MPs on the 1<sup>st</sup> January 2026 (Red point event).

Winners - Daytime Pairs	
1 <sup>st</sup>	Julie Bechelli & Gudrun Kemmer
2 <sup>nd</sup>	Robert & Carole McMahon
3 <sup>rd</sup>	Peter Cameron & Doug Hegarty
4 <sup>th</sup>	Alan Puckey & Jean-Paul Tedeschi



Beginners Revision Classes

24 April 2026

Photo (right) shows participants in the beginners classes in 2025.

Welcome to the club!


The following members have joined the KDBC in 2026:

- Karlee Guest
- Siu-Ling McCallum
- Terry Daly
- David Evans
- Karen Hegarty
- Graham Pain
- Donna Reed
- Michael Reed
- Christiian Van Uffelen

The first beginners' group for 2026 commenced in March and was taught by Mark Goddard; with Jenny Tedeschi assisting. The classes were held over 8 weeks and revision classes began in April.



The Open Pairs Competition was held over two weeks with 15 pairs participating.

Winners - Open Pairs		
1	Stephen Thyer & Carmen Jackson	
2	Sheila Pryce & Gordon Brown	
3	Alan Puckey & Gudrun Kemmer	
4	Helen Ottosson & Bernard Szalkowski	
5	Wendy Harman & Joe Louis	<b>1<sup>st</sup> Place Open Pairs</b> Stephen Thyer & Carmen Jackson

## Australia Wide Novice Pairs Competition

## 28 May 2026

The Australia Wide Novice Pairs Competition attracted 15 pairs for the event. The following results provide the names of the top 3 pairs (North/South and East/West). The results for the Kalamunda players are listed in the table following, which shows how the local players fared against all participating novice players across Australia.

	Winners - North/South	Winners - East/West
1	Bernard Szalkowski & Robin Ward	Jane Pilgrim & David Hiatt
2	Cora Brown & Suzanne Dewar	Marlene Robertson & Lyn Shinnick
3	Mary Pepper & Wendy Dodd	Gerry Emmons & Andrea Emmons
4	Peter Daniel & Wesley Huber	Delys Syme & Sheila Bradshaw

Rank	Pair	National results		Local results	
		Position	Score	Position	Score
1	<a href="#">Jane Pilgrim &amp; David Hiatt</a>	41	62.3	2	61.0
2	<a href="#">Marlene Robertson &amp; Lyn Shinnick</a>	86	60.5	4	58.3
3	<a href="#">Gerry Emmons &amp; Andrea Emmons</a>	102	59.5	5	56.6
4	<a href="#">Bernard Szalkowski &amp; Robin Ward</a>	108	59.3	1	63.5
5	<a href="#">Delys Syme &amp; Sheila Bradshaw</a>	201	56.6	6	55.1
6	<a href="#">Cora Brown &amp; Suzanne Dewar</a>	282	54.8	3	59.6
7	<a href="#">Mary Pepper &amp; Wendy Dodd</a>	362	53.2	7	54.7
8	<a href="#">Mari McKie &amp; Patricia Edington</a>	459	51.5	8	48.5
9	<a href="#">Lorraine Stivey &amp; Dennis McKinley</a>	736	46.8	11	42.9
10	<a href="#">Peter Daniel &amp; Wesley Nannette Huber</a>	835	44.8	9	47.4
11	<a href="#">Kate Saver &amp; Marie Pagotto</a>	843	44.6	10	46.6
12	<a href="#">Shar Snow &amp; George Snow</a>	971	41.5	13	40.6
13	<a href="#">Maxine Lorraine &amp; Susan Anne Lewis</a>	1011	40.2	12	41.4
14	<a href="#">Phil Snook &amp; Dawn Snook</a>	1041	39.2	15	36.3
15	<a href="#">Evonnie Sarich &amp; Kay Hyde</a>	1075	37.3	14	37.5

### 2026 Australia Wide Novice Pairs summary for Kalamunda Districts Bridge Club

The results for the Kalamunda players are shown compared to all participating novice players across Australia. Special mention to KDBC first places Bernard Szalkowski & Robin Ward (108 nationally) and to newer club members Jane Pilgrim & David Hiatt (41 nationally) – well done!

Also, to the second places for KDBC Cora Brown & Suzanne Dewar and Marlene Robertson & Lyn Shinnick (ranked 86 nationally) and Gerry & Andrea Emmons (ranked 102 nationally). Well done to all!

The top four positions for KDBC players nationally ranged between 41 and 108!

Well Kalamunda you've done it again!

After a shaky start with both nominations and food donations you have once again made us proud. The food donations were superb and many of the visitors commented on the quality and variety of snacks available. Carole ensured that the food kept on coming throughout the day and she probably slept very soundly on Saturday night!

We attracted 18 tables this year, a slight improvement on last year. There was a late withdrawal of one pair the day prior and another pair failed to show on the day, but we were able to utilise our 'spare pair' of Jenny Tedeschi and Barbara Bibby to make up the required numbers. Feedback from participants was positive all day.

There were four categories of prizes; <300Mpts; <150Mpts; <100Mpts and <50Mpts with nine prizes altogether. It was great to see our club members collecting some of the prizes. Well done to Suzanne Hillan and Vic Dent for being in 2<sup>nd</sup> place in the <300MPs and Michelle McDiarmid and Lina Zampichelli coming in 3<sup>rd</sup> place.

Jeanne and Peter Walczak were placed 1st in the <150MPs and the <50MPs was a clean sweep for Kalamunda with Marg Weir and Anne Kerr coming 1<sup>st</sup>; followed up by Lyn Shinnick and Marlene Robertson.

Our bravery award for the day goes to Ronnie Malthouse for managing to stay the course and just miss out on a placing. Well done Ronnie and Kate.

Thanks are due to many who contributed on the day. Firstly, the unflappable Lynne Roberts who dealt with missing and upset players with her usual tact and diplomacy. Our 'spare pair' who, not having played together before putting in a great effort. JP for coming early and blowing away the leaves on the patio. Rob McMahon for agreeing to be our Recorder for the day. And finally, Alan Puckey for his role as assistant caddy and last-minute shopper on the day.

Thank you everyone.

*Dianne Barker* (Congress Convenor)



**Director:**  
Lynne Roberts



**Assistant (but reserved) Caddy:**  
Alan Puckey

**Congress Convenor:**  
Di Barker

**President:**  
Jean-Paul Tedeschi



**Caterer  
extraordinaire:**  
Carole Littlechild





**<300MPs - 1st place**  
Sharon Dyball  
& Dawn Duly



**<300MPs - 2nd place**  
Suzanne Hillan  
& Victor Dent



**<300MPs - 3rd place**  
Michelle McDiarmid  
/ Lina Zampichelli



Around the room



**<150MPs - 1st place**  
Peter Walczak  
& Jeanne Walczak



**<150MPs - 2nd place**  
Chris Ruffle  
& Chris England



**<100MPs - 1st place**  
Mike Bennett  
& Lisa Evans



**<100MPs - 2nd place**  
Trish Christy  
& Rachel McRae



**<50MPs - 1st place**  
Anne Kerr  
& Margaret Weir



**<50MPs - 2nd place**  
Marlene Robinson  
& Lynne Shinnick



## Grand Slams and 70 Percenters

Grand Slams		March 2026 - June 2026	
Sheila Pryce & Gordon Brown	7NT W	Friday	29 May 2026
Peter Cameron & Bernard Szalkowski	7C N	Friday	22 May 2026
Peter Cameron & Jo Collings	7NT N	Friday	8 May 2026
Erik Moller & Jenny Tedeschi	7NT N	Friday	8 May 2026
Jean-Paul Tedeschi & Alan Puckey	7NT S	Wednesday	6 May 2026
Robert McMahon & Carole McMahon	7NT N	Wednesday	6 May 2026
Mari McKie & Patricia Edington	7S E	Thursday	16 Apr 2026



70 Percent Club		March 2026 - June 2026	
Evonne Sarich & Kay Hyde	72%	Thursday	29 Jun 2026
Dennis McKinley & Lorraine Stivey	71.0%	Thursday	4 Jun 2026
Jenny Tedeschi & Elizabeth McMillen	70.6%	Wednesday	20 May 2026
Jo Collings & Stephen Thyer	70.3%	Monday	18 May 2026
Andrea Emmons & Gerry Emmons	73.4%	Thursday	7 May 2026
Cora Brown & Mary Pepper	77%	Thursday	30 Apr 2026
Tom Lemann & Kit Lemann	74.3%	Saturday	25 Apr 2026

### Some significant birthdays around the club

Some significant birthdays were celebrated on bridge playing days recently.



## Around the Club – Youth Bridge Classes

The development of the Youth Bridge Group is progressing well.

The sub-committee have been meeting regularly to prepare for the initial classes being delivered in July during the school holidays.

We need help from members to spread the word!

Flyers have been distributed to other clubs and advertisements have been published in local newspapers in the district.

There have been some initial enquiries, and it is hoped that a small class will be formed for the lessons being delivered by David Kininmonth in July.

All sub-committee members have a current *Working With Children* card.



### Youth Bridge Classes

For interested participants between  
**11 to 18 years**

Learn to play bridge during the July school holidays.

**Join us for**

Bridge classes in a relaxed and supportive environment.

Learning materials and snacks provided.

Parents/family/support persons welcome to stay and/or participate.



*Discover the exciting card game of Bridge played by millions of people around the world including Bill Gates, Warren Buffett, Martina Navratilova and the late actor Omar Sharif.*

**More than just a game, Bridge enhances your logical thinking, memory, and social skills.**

<b>WHEN</b>	<b>July</b>	Tuesday	7 <sup>th</sup>	and	14 <sup>th</sup>
		Wednesday	8 <sup>th</sup>		15 <sup>th</sup>
		Thursday	9 <sup>th</sup>		16 <sup>th</sup>

**TIME** 9.15am – 11.45am

**WHERE** Kalamunda District Bridge Club, 56 Ledger Rd, Gooseberry Hill, 6076 ☏

**COST** \$150 per child (\$50 for each extra sibling)

**To register or find out more details:**

☎ Kay 0407 993 344      ✉ Email: [kdbclub@bigpond.com](mailto:kdbclub@bigpond.com)

Website <https://kalamunda.bridgeaustralia.org/>

## Around the Club – Archives on the KDBC Webpage

Consider a visit to the [Kalamunda District Bridge Club webpage](#) as there are new items of interest added recently.

**Archived** editions of the past and more recent Bridging the Gap (BTG) newsletters have been uploaded and are worth a read!

Cherry Zamudio was the editor of the [June 2016 edition](#) of the BTG, the President was Denise Borger.



A humorous submission in this edition of the BTG was:

*An elderly gentleman named Tony, had had a serious hearing problem for several years. He went to the doctor, and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%.*

*The elderly gentleman went back in a month to the doctor and the doctor said, 'Your hearing is perfect; your family must be really pleased you can hear again.'*

*The gentleman replied, 'Oh, I haven't told my family yet. I just sit around and listen to the conversations.*

*I've changed my will three times!!!*

In the Travel section of the newsletter two of our current members Lyn & John Shinnick submitted an outline of their recent travels.

So, 10 years ago Lyn and John you embarked on a caravanning holiday to South Australia.

Do you remember these locations??



I am excited to announce that I have completed the first item on my bucket list.

I have the bucket!

Scientists got bored after watching the Earth rotate for 24 hours.

So they called it a day!

Ever since I drew a wristwatch on my arm with a ballpoint pen...

I've been living on bir-oed time.

A comma, a period and an exclamation mark were called into court.

They were being sentenced.

### Bridge can be stress inducing...

The benefits of playing bridge are well documented. Two benefits that are sometimes overlooked are associated with risk-taking and stress. Both play a role in bridge, and both are considered beneficial in small doses.

The positive aspects of putting ourselves in mild stress-inducing situations are outlined at the end of this article.

It is apparent that some players' stress levels are elevated during some aspects of the game, such as the bidding process. There are so many factors to be considered in a fairly short time and under pressure. The pressure is generated by the obligatory time factor to make a bid and the fact that three other people are watching and waiting for your response. Plus, there is the clock on the wall. (The time allowed for making a bid varies considerably depending on different circumstances).

One of the main pressure factors in the bidding process is caused by the fact that we have a partner to consider. If we were playing merely for ourselves, we might be inclined to take more risks and not worry so much about the consequences. Of course, it is exacerbated when playing with a partner who is inclined to be critical of your decisions. This elevates the stress level and can even lead to a feeling of fear, and that is not good. In fact, it can be quite detrimental. Criticism and negative comments at the table can cause a feeling of disquiet with the opposition as well.

So, apart from bidding in bridge what do Australians fear and stress about? The top ten, according to Google, are:

- ❖ open spaces and crowds
- ❖ needles/injections
- ❖ spiders
- ❖ illness
- ❖ ghosts/supernatural
- ❖ strangers/foreigners
- ❖ confined spaces
- ❖ vomiting
- ❖ the ocean (sharks?), and
- ❖ change.

It might come as a surprise to some that snakes aren't on that list. Perhaps they kick in at number eleven.

Emerging fear trends are technology (AI?), climate change, political unrest, health, economic instability, social isolation, global conflict and housing shortage. The future of fuel supplies perhaps!

It doesn't help the national psyche that we are being force-fed a regular dose of fear and stress by the commercial media. They want us at home, watching television and consuming the products they advertise. Of course there's always the off button, but for many people there would be a struggle to find a substitute pastime. They could try reading perhaps, but not the newspapers!

### The benefits of stress

Moderate stress can enhance brain function, boost resilience, improve motivation and strengthen social connections. Moderate stress, known as eustress, can improve cognitive performance by enhancing memory, attention and problem-solving skill.

Stress triggers the release of hormones like cortisol and adrenaline, which strengthen neural connections and stimulate the growth of new brain cells in areas such as the hippocampus; improving learning and mental performance over time. This explains why many people perform better under deadlines or challenging situations, as stress can heighten focus and productivity. For some people it has the opposite effect and can inhibit creativity and outcomes.

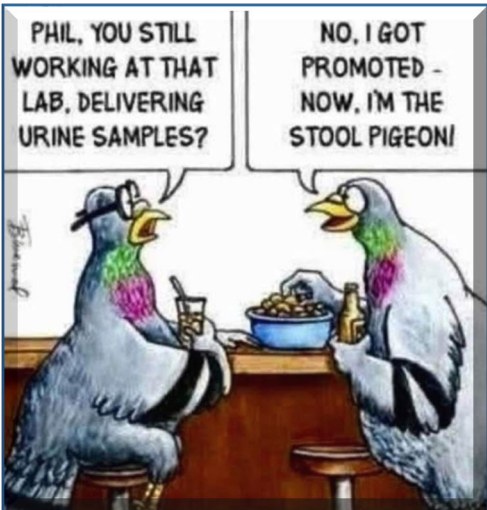
So, the next time the Director calls -

'quiet please'

it isn't just the background chatter that's causing the problem -

*...it's the sound of our neural connections and synapses going nuts.*

Animals



What do you call...?

What do you call a beehive without an exit?

Unbelievable...

What do you call it when James Bond takes a bath?

Bubble 07

What do you call a boy band that plays classical music?

The Bach Street Boys.

## Meet the KDBC Sponsors

The following local businesses generously sponsor our club.



